

MARC LEPOOLE'S STING 2022

4 - 6 MARCH

SAANICH COMMONWEALTH PLACE

VICTORIA BC

MARC LEPOOLE'S STING 2022

MARCH 4 - 6, VICTORIA, BC

Meet Manager : Lisa Boog

Technical Director: Jorge Betancourt

Dates Friday, March 4 - Sunday, March 6, 2022

Venue Saanich Commonwealth Place
4636 Elk Lake Drive.
Victoria, British Columbia V8Z 5M1
CANADA

Facility Four 1 metre springboards
Two 3 metre springboards
One 1 metre platform
Full platform complex with 3, 5, 7.5, and 10 metre platforms

Eligibility & Rules All Diving Plongeon Canada, USA Diving or other registered members of Federations affiliated with FINA divers may attend. (Per FINA Rule GR 3.1, all entries received from outside Canada must be a member of a FINA-affiliated organization. This applies to athletes, coaches, officials and any other team members).

Age-group determination is the diver's age as of December 31st, 2022

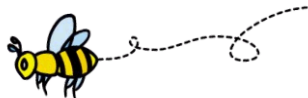
Diving Plongeon Canada rules will apply to all events. Please see below a summary of rules for all events.

This is a Junior and Senior National Qualifying event. There will be no cuts in any event.

Where one side of the pool is finished before the other, that side will be open for quiet warm-up. The Technical Director reserves the right to close down a side for warm-up if he deems it to be too noisy or disruptive to an event on the other side. Springboards will be open during platform warm-up and vice-versa.

Events may run up to 1 hour ahead of the scheduled and posted times. A revised final schedule will be distributed upon the arrival of the teams.

Divers may only dive one age group with the following exceptions: E group divers may compete in D1 springboard and platform events.



NO SNOW GUARANTEE

We guarantee no snow during your visit to Victoria, the only place in Canada that receives no snow during winter. If there should be a snowfall, the Boardworks coaching staff will dress in bumblebee costumes for a period of 3 hours during the meet. We are that confident!

Entries

All entries and fees must be received no later than **Thursday, February 17, 2022**. Entries may be mailed or e-mailed to:

BOARDWORKS
4636 Elk Lake Drive
Victoria, BC V8Z 5M1

t. 250 - 479 - 0330
e. boardworksinfo@shaw.ca

Entry Fees

CDN\$**45.00** Diver Registration Fee
CDN\$**40.00** Event Fee per event (NQ & SC events count as one event)
Deck Entries are \$50.00 Cdn per event per diver. Deck entries will be accepted up until one hour prior to the beginning of the event.

Divers competing in both Group C or Group D National Qualification events AND Sting Championship events pay only one event fee per board.

Payment may be made by cheque (Payable to "Boardworks") or by e-transfer to boardworks-team@shaw.ca (please use password "sting").

Dive Sheets

All dive sheets must be submitted electronically using **Dive Sheet Generator**. Dive sheets must be submitted 24 hours prior to the event. To download a copy of Dive Sheet Generator, please visit http://www.integratedsports.net/diving/ds_download_diver_canada.html.

Awards

A **\$100 Sting Cash Scholarship** will be awarded to the winners of the Open 3m and Platform (male & female) events

Medals for the top three finishers in all Sting Championship events
Ribbons for 4th to 6th place in all Sting Championship events

Special prizes to "Stung" divers (those achieving the "Sting Standard") in the Sting Championship events

Awards for Top Male & Female divers

Award for Top Visiting Team

Schedule

In order to keep the competitors at acceptable numbers for social distancing during training and competition, we are having a morning (AM) session (E, D & C age groups) and an afternoon (PM) session (B, A & Open age groups). Please refer to the schedule below for more details.

COVID Policies

All competitors, coaches, officials and volunteers 12 years of age or older are required to be double vaccinated and show Proof of Vaccination to be able to participate in the 2022 Sting.

Proof of Vaccination will be required to be shown each time competitors, coaches, officials and volunteers enter the Upper Mezzanine area. This will be the only access to the dryland diving area, bleachers and pool deck during the competition

Divers and coaches are asked not to access the pool deck via the change rooms but rather down the stairs off the dryland area and use the bathrooms at the bottom of the stairs to change.

At the time of publication of this package, we cannot confirm if spectators will be permitted to watch the competition from the bleachers. We will inform participants as soon as possible if spectators will be permitted. Proof of Vaccination may be required for all spectators.

COMPETITION RULES:

General Competition Rules

The 2022 Marc LePoole's Sting will follow the Canadian Junior and Senior National dive requirements for Groups A, B, C, D & Open.

Groups C & D will have National Qualifying (NQ) events for the Junior Development National Championships as well as Sting Championship (SC) events. Groups B, A & Open will only have Sting Championship (SC) events in which participants can achieve their National qualifying Standards for Junior Elite National Championships and Senior Nationals. Awards will be given for the Sting Championship events only.

Group E events will be a straight Sting Championships final at the 2022 Marc LePoole's Sting.

GROUP E EVENTS

Age specification: born 2013 or later

BOYS & GIRLS GROUP E PRELIMINARIES DIVE CHART						
E – 1m			E – 3m			
Dive Order	Dive #	DD		Dive Order	Dive #	DD
1	100A	1.8		1	001B	1.9
2	200A	1.8		2	002A	1.9
3-6	4 dives selected from three (3) or more groups. All dives shall have a DD of 1.8			3	100B (with hurdle)	1.9
				4-6	3 dives selected from three (3) or more groups. All dives shall have a DD of 1.9	

GROUP D BOYS & GIRLS

Age specification: born 2012 or later

NATIONAL QUALIFICATION (NQ) EVENTS

1m	3m	Platform
Divers perform five (5) dives <ul style="list-style-type: none"> • Dive order and DD's are as presented in Table 1 	Divers perform five (5) dives <ul style="list-style-type: none"> • Dive order and DD's are as presented in Table 1 	Divers perform five (5) dives Dive order and DD's are as presented in Table 1 <ul style="list-style-type: none"> • At qualification events, dives may be performed on 3m or 5m platform • At Jr. Development Nationals, all dives must be performed on 5m platform

TABLE 1 - GROUP D NATIONAL QUALIFICATION DIVE CHART

1m			3m			Platform		
Dive Order	Dive	Prescribed DD	Dive Order	Dive	Prescribed DD	Dive Order	Dive	Prescribed DD
1	101C	1.6	1	101C	1.6	1	101C	1.6
2	201C	1.6	2	201C	1.6	2	201C	1.6
3	301C	1.6	3	301C	1.6	3	301C	1.6
4	401C	1.6	4	401C	1.6	4	401C	1.6
5	103C	1.6	5	103C	1.6	5	103C	1.6

National Qualification Standard – Group D

- The diver must make the qualification score with the preliminary Dive list identified in Table 1
- In order to be fully qualified for an event (1m, 3m or platform) for Junior Nationals, a diver must:
 - ✓ Achieve the 100% standard in 2 different competitions
 - ✓ At least once in an “In person” competition o Achieve the 110% standard once in an “In person” event

	GIRLS	BOYS	GIRLS	BOYS
	100% Standard		110% Standard	
1m	135	140	149	149
3m	135	140	149	149
Platform	135	140	149	149

GROUP D BOYS & GIRLS STING CHAMPIONSHIP (SC) EVENTS

1m	3m	Platform
Divers perform six (6) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 2 • Dives must be different dive numbers • Only one or none can be 202C, 302C, 402C 	Divers perform six (6) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 2 • Dives must be different dive numbers 	Divers perform six (6) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 2 • Dives must be different dive numbers • Must use assigned platform levels, in some cases there is a choice between the 5m and 7m
First Four (4) Dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Each dive assigned a DD of 1.6 • Can't use 202C, 302C, 402C 	First Four (4) Dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Each dive assigned a DD of 1.6 	First Four (4) Dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Each dive assigned a DD of 1.6
Last Two (2) Dives: <ul style="list-style-type: none"> • Two (2) groups must be represented • FINA DD used • No DD limit • Only one or none can be 202C, 302C, 402C 	Last Two (2) Dives: <ul style="list-style-type: none"> • Two (2) groups must be represented • FINA DD used • No DD limit 	Last Two (2) Dives: <ul style="list-style-type: none"> • Two (2) groups must be represented • FINA DD used • No DD limit

TABLE 2 - GROUP D STING CHAMPIONSHIPS DIVE CHART

1M					3M				
101C	201C	301C	401C	5122D	101C	201C	301C	401C	5132D
101B	202C*	302C*	401B	5132D	101B	203C	303C	401B	5231D
103C	203C	303C	402C*	5221D	103C			403C	
103B			403C		103B				
104C					105C				
104B									
*may only use one of these dive numbers									
PLATFORM									
Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #
5m, 7.5m	101C /B	5m, 7.5m	201C	5m, 7.5m	301C	5m, 7.5m	401C/B	5m, 7.5m	600A
5m, 7.5m	103C	5m	203C	5m	303C	5m, 7.5m	403C	5m, 7.5m	612B
5m, 7.5m	103B	5m, 7.5m	205C			7.5m	403B	5m, 7.5m	622C
5m, 7.5m	105C					7.5m	405C	5m, 7.5m	5231D
7.5m	105B							5m, 7.5m	5132D

GROUP C BOYS & GIRLS

Age specification: born 2009 or 2010

NATIONAL QUALIFICATION (NQ) EVENTS

1m	3m	Platform
<p>Divers perform eight (8) dives as presented in Table 3:</p> <ul style="list-style-type: none"> • Dive order, dives and DD's are as presented in Table 3 • Where there is a choice of dives within a dive order, the diver must select one of the dives • Must be different dive numbers • Only one or none can be 202C, 302C, 402C 	<p>Divers perform eight (8) dives as presented in Table 3:</p> <ul style="list-style-type: none"> • Dive order, dives and DD's are as presented in Table 3 • Where there is a choice of dives within a dive order, the diver must select one of the dives • Must be different dive numbers 	<p>Divers perform eight (8) dives as presented in Table 3:</p> <ul style="list-style-type: none"> • Dive order, dives and DD's are as presented in Table 3 • Where there is a choice of dives within a dive order, the diver must select one of the dives • Divers may use 5m or 7.5 m platform only as indicated in Table 3 (NOTE: if only one platform is indicated for a specific dive, only that platform may be used • Must be different dive numbers

TABLE 3 - GROUP C NATIONAL QUALIFICATION DIVE CHART

1m			3m			Platform			
1	101B, 103C or 103B	1.6	1	101B, 103C or 103B	1.6	1	5m, 7.5m	101B, 103C or 103B	1.6
2	201C or 201B	1.6	2	201C or 201B	1.6	2	5m, 7.5m	201C or 201B	1.6
3	301C or 301B	1.6	3	301C or 301B	1.6	3	5m, 7.5m	301C or 301B	1.6
4	401B or	1.6	4	401B, 403C or 403B	1.6	4	5m, 7.5m	401B or 403C	1.6
	401A	1.9	5	5132D, 5231D or 5331D	1.6		7.5m	403B	1.6
5	5122D, 5221D or	1.6	6	103B or	1.6	5	5m, 7.5m	612B, 622C or 622B	1.6
	5132D, 5231D or 5223D	1.9		105C or 105B	1.9		6	5m, 7.5m	103C, 103B or
6	103B or	1.6	7	203C	1.9	6	5m, 7.5m	105C or	1.9
	104C or 104B	1.9		8	303C, 403C or 403B		1.9	7.5m	105B
7	202C*, 302C* or	1.6					7	5m	203C or 303C
	203C or 303C	1.9				8		5m	403C or 5231D or
8	402C* or	1.6					8	7.5m	403B or 5132D
	403C	1.9							

National Qualification Standard – Group C

- The diver must make the qualification score with the preliminary Dive list identified in Table 3
- In order to be fully qualified for an event (1m, 3m or platform) for Junior Nationals, a diver must:
 - ✓ Achieve the 100% standard in 2 different competitions
 - ✓ At least once in an “In person” competition o Achieve the 110% standard once in an “In person” event

	GIRLS	BOYS	GIRLS	BOYS
	100% Standard		110% Standard	
1m	230	230	253	253
3m	230	230	253	253
Platform	230	230	253	253

GROUP C BOYS & GIRLS STING CHAMPIONSHIP (SC) EVENTS

1m	3m	Platform
Divers perform eight (8) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 4 • Must be eight (8) different dive numbers • Only one or none can be 202C, 302C, 402C. 	Divers perform eight (8) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 4 • Must be eight (8) different dive numbers. 	Divers perform seven (7) dives: <ul style="list-style-type: none"> • Dives must be selected from Table 4 • Must be seven (7) different dive numbers • Five (5) groups must be represented
First Five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • Each dive assigned a DD of 1.6 • Can't use 202C, 302C, 402C 	First Five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • Each dive assigned a DD of 1.6. 	First Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • Each dive assigned a DD of 1.6.
Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from Group 100 or 400 • A minimum of one dive must be from Group 200 or 300 • Only one or none can be 202C, 302C, 402C • FINA DD used • No DD limit. 	Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from Group 100 or 400 • A minimum of one dive must be from Group 200 or 300 • FINA DD used • No DD limit 	Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from Group 100 or 400 • A minimum of one dive must be from Group 200 or 300 • FINA DD used • No DD limit.

TABLE 4 - GROUP C STING CHAMPIONSHIPS DIVE CHART

1M					3M				
101C	201C	301C	401C	5122D	101C	201C	301C	401C	5132D
101B	202C*	302C*	401B	5132D	101B	201B	301B	401B	5231D
103C	203C	303C	401A	5221D	103C	203C	303C	403C	5331D
103B	202B	303B	402C*	5223D	103B	203B	303B	403B	5233D
104C			403C	5231D	105C	205C	305C	405C	5333D
104B			403B	5331D	105B				5134D
105C				5233D					
105B				5333D					
				5134D					
*may only use one of these dive numbers									
PLATFORM									
Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #	Plat	Dive #
5m, 7.5m	101C /B	5m, 7.5m	201C	5m, 7.5m	301C	5m, 7.5m	401C/B	5m, 7.5m	612B
5m, 7.5m	103C	5m, 7.5m	201B	5m, 7.5m	301B	5m, 7.5m	403C	5m, 7.5m	622C
5m, 7.5m	103B	5m	203C	5m	303C	5m, 7.5m	403B	5m, 7.5m	622B
5m, 7.5m	105C	5m	203B	7.5m	305C	7.5m	405C	7.5m	624C
5m, 7.5m	105B	7.5m	205C					5m, 7.5m	5231D
								5m, 7.5m	5132D
								7.5m	5233D

GROUP B BOYS & GIRLS

Age specification: born 2007 or 2008

NATIONAL QUALIFICATION/STING CHAMPIONSHIP EVENTS

1m Girl & Boys	3m Girls & Boys	Platform Girls	Platform Boys
<p>General:</p> <ul style="list-style-type: none"> • Divers perform nine (9) dives • FINA DD used • All dives must be of a different dive number • No foot first entries allowed except for 104C, 104B, 5221D, 5122D, 5223D, 5124D • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> • Divers perform nine (9) dives • FINA DD used • All dives must be of a different dive number • No foot first entries • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> • Divers perform seven (7) dives • FINA DD used • All dives must be of a different dive number • Five (5) groups must be represented in the seven (7) dives • No foot first entries • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> • Divers perform eight (8) dives • FINA DD used • All dives must be of a different dive number • Five (5) groups must be represented in the eight (8) dives • No foot first entries • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311.

1m Girl & Boys	3m Girls & Boys	Platform Girls	Platform Boys
Divers perform (9) dives	Divers perform (9) dives	Divers perform (7) dives	Divers perform (8) dives
First Five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • DD limit of 9.0 • No foot first entry allowed except for 5221D, 5223D, 5122D, 5124D. 	First Five (5) dives: <ul style="list-style-type: none"> • Five (5) groups must be represented • DD limit of 9.5. 	First Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • DD limit of 7.6. 	First Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • DD limit of 7.6.
Last Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • No DD limit • No foot first entry allowed except for 104C and 104B. 	Last Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • No DD limit. 	Last Three (3) dives: <ul style="list-style-type: none"> • Three (3) groups must be represented • A minimum of one dive must be from group 100 or 400 • A minimum of one dive must be from group 200 or 300 • No DD limit. 	Last Four (4) dives: <ul style="list-style-type: none"> • Four (4) groups must be represented • A minimum of one dive must be from group 100 or 400 • A minimum of one dive must be from group 200 or 300 • A minimum of one dive must be from group 5000, 600 or 6000 • No DD limit.

National Qualification Standard – Group B

- In order to be fully qualified for an event (1m, 3m or platform) for Junior Nationals, a diver must:
 - ✓ Achieve the 100% standard in 2 different competitions
 - ✓ At least once in an “In person” competition o Achieve the 110% standard once in an “In person” event

	GIRLS	BOYS	GIRLS	BOYS
	100% Standard		110% Standard	
1m	295	300	325	330
3m	310	315	341	347
Platform	230	265	253	292

GROUP A BOYS & GIRLS

Age specification: born 2004, 2005 or 2006

NATIONAL QUALIFICATION/STING CHAMPIONSHIP EVENTS

1m Girl & Boys	3m Girls & Boys	Platform Girls	Platform Boys
<p>General:</p> <ul style="list-style-type: none"> • Divers perform ten (10) dives • FINA DD • All dives must be of a different dive number • NO foot first entries allowed except for 104C, 104B, 5221D, 5122D, 5223D, 5124D, 5321D, 5323D • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> • Divers perform ten (10) dives • FINA DD • All dives must be of a different dive number • No foot first entries • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> • Divers perform eight (8) dives • FINA DD • All dives must be of a different dive number • Five (5) groups must be represented in the eight (8) dives • No foot first entries • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311. 	<p>General:</p> <ul style="list-style-type: none"> • Divers perform nine (9) dives • FINA DD • All dives must be of a different dive number • Six (6) groups must be represented in the nine (9) dives • No foot first entries • Cannot use: 51X1, 51X3, 51X5, 54X1, 54X3, 54X5, 5211, 5311.

1m Girl & Boys	3m Girls & Boys	Platform Girls	Platform Boys
Divers perform (10) dives	Divers perform (10) dives	Divers perform (8) dives	Divers perform (9) dives
<p>First Five (5) dives:</p> <ul style="list-style-type: none"> • Five (5) groups must be represented • DD limit of 9.0 • No foot first entry allowed except for 5221D, 5223D, 5122D, 5124D. 	<p>First Five (5) dives:</p> <ul style="list-style-type: none"> • Five (5) groups must be represented • DD limit of 9.5. 	<p>First Four (4) dives:</p> <ul style="list-style-type: none"> • Four (4) groups must be represented • DD limit of 7.6. 	<p>First Four (4) dives:</p> <ul style="list-style-type: none"> • Four (4) groups must be represented • DD limit of 7.6.
<p>Last Five (5) dives:</p> <ul style="list-style-type: none"> • Five (5) groups must be represented • No DD limit • No foot first entry allowed except for 104C, 104B, 5221D, 5223D, 5321D, 5323D, 5122D or 5124D. 	<p>Last Five (5) dives:</p> <ul style="list-style-type: none"> • Five (5) groups must be represented • No DD limit. 	<p>Last Four (4) dives:</p> <ul style="list-style-type: none"> • Four (4) groups must be represented • A minimum of one dive must be from group 100 or 400 • A minimum of one dive must be from group 200 or 300 • A minimum of one dive must be from group 5000 or 600 or 6000 • No DD limit. 	<p>Last Five (5) Dives:</p> <ul style="list-style-type: none"> • Five (5) groups must be represented • No DD limit.

National Qualification Standard – Group A

- In order to be fully qualified for an event (1m, 3m or platform) for Junior Nationals, a diver must:
 - ✓ Achieve the 100% standard in 2 different competitions
 - ✓ At least once in an “In person” competition o Achieve the 110% standard once in an “In person” event

	GIRLS	BOYS	GIRLS	BOYS
	100% Standard		110% Standard	
1m	345	260	380	396
3m	380	385	418	424
Platform	290	340	319	374

OPEN MEN’S & WOMENS

NATIONAL QUALIFICATION/STING CHAMPIONSHIP EVENTS

1m & 3m Women	1m & 3m Men	Platform Women	Platform Men
General: <ul style="list-style-type: none"> • Divers perform five (5) dives • FINA DD • All dives must be of a different dive number 	General: <ul style="list-style-type: none"> • Divers perform six (6) dives • FINA DD • All dives must be of a different dive number 	General: <ul style="list-style-type: none"> • Divers perform five (5) dives • FINA DD • All dives must be of a different dive number • Five (5) groups must be represented 	General: <ul style="list-style-type: none"> • Divers perform six (6) dives • FINA DD • All dives must be of a different dive number • Six (6) groups must be represented

National Qualification Standard – Open

- In order to be fully qualified for an event (1m, 3m or platform) for Senior Nationals, a diver must:
 - ✓ Achieve the 100% standard in one competition

	WOMEN	MEN
1m	210	260
3m	245	330
Platform	245	330

GET STUNG AT THE STING!

Break one of these
2022 Sting Standards in the Sting Championship
events & you are STUNG!

If you are STUNG you receive a special prize!

	1m	3m	Platform
Girls E	250	260	n/a
Girls D	180	186	184
Girls C	246	280	226
Girls B	307	331	312
Girls A	387	415	371
Women's Open	252	288	360
Boys E	250	260	n/a
Boys D	175	165	160
Boys C	300	326	301
Boys B	376	402	330
Boys A	426	466	469
Men's Open	350	434	419



ACCOMMODATION

Howard Johnson Hotel and Suites

4670 Elk Lake Drive

Victoria, BC

Located Next Door to the Pool!

www.hojovictoria.ca

Reservations: 1-866-300-4656

Accent Inn

3233 Maple Street

Victoria, BC

6 minute drive to the pool, located near restaurants and Mayfair Shopping Mall

www.accentinns.com

Reservations: 1-800-663-0298

MARC LEPOOLE'S STING 2022

SCHEDULE OF EVENTS

WEDNESDAY, MARCH 2			
4:00pm – 7:00pm	Open Practice (Dryland available at 3:00pm)		
THURSDAY, MARCH 3			
11:30am – 1:00pm	Open Practice (Dryland available at 10:30am)		
4:00pm – 7:00pm	Open Practice (Dryland available at 3:00pm)		
FRIDAY, MARCH 4			
7:30am – 8:30am	Open Practice for E, D & C Competitors Only (Dryland available at 7:00am)		
8:30am – 8:55am	Closed Practice for first event		
9:00am		Girls & Boys E 3 metre	
			Girls & Boys D Platform (NQ)
	Girls & Boys C 1 metre (NQ)		
			Girls & Boys D Platform (SC)
	Girls & Boys C 1 metre (SC)		
	Open Practice for B, A & Open Competitors Only		
	Boys A 1 metre (SC)	Girls A 3 metre (SC)	
	Boys B 1 metre (SC)	Girls B 3 metre (SC)	
	Men's Open 1 metre (SC)	Women's Open 3 metre (SC)	
SATURDAY, MARCH 5			
7:30am – 8:30am	Open Practice for E, D & C Competitors Only (Dryland available at 7:00am)		
8:30am – 8:55am	Closed Practice for first event		
9:00am	Girls & Boys E 1 metre		
	Girls & Boys D 1 metre (NQ)	Girls & Boys C 3m (NQ)	
	Girls & Boys D 1 metre (SC)	Girls & Boys C 3m (SC)	
	Open Practice for B, A & Open Competitors Only		
			Girls & Boys A Platform (SC)
			Girls & Boys B Platform (SC)
			Women's & Men's Open Platform (SC)
SUNDAY, MARCH 6			
7:30am – 8:30am	Open Practice for D & C Competitors Only (Dryland available at 7:00am)		
8:30am – 8:55am	Closed Practice for first event		
9:00am			Girls & Boys C1 Platform (NQ)
		Girls & Boys D 3 metre (NQ)	
			Girls & Boys C Platform (SC)
		Girls & Boys D 3 metre (SC)	
	Open Practice for B, A & Open Competitors Only		
	Girls B 1 metre (SC)	Boys B 1 metre (SC)	
	Girls A 1 metre (SC)	Boys A 1 metre (SC)	
	Women's Open 1 metre (SC)	Men's Open 3 metre (SC)	

*NQ = National Qualifying Events

*SC = Sting Championships Events

MARC LEPOOLE'S STING 2022 - NATIONAL QUALIFICATION EVENTS REGISTRATION FORM

Club:		Coach:					Telephone:				
Address:							E-mail:				
				Age Group Events			Open Events			Fees	\$\$\$
Diver's Name	Age Group*	M	F	1m	3m	plat	1m	3m	plat	See fee schedule	TOTAL
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
GRAND TOTAL											

DEADLINE FOR ENTRIES: **THURSDAY, FEBRUARY 17, 2022**

4636 Elk Lake Drive
 Victoria, British Columbia
 CANADA V8Z 5M1

tel: 250-479-0330
 e-mail: boardworksinfo@shaw.ca

MARC LEPOOLE'S STING 2022 - STING CHAMPIONSHIP EVENTS REGISTRATION FORM

Club:			Coach:				Telephone:				
Address:							E-mail:				
				Age Group Events			Open Events			Fees	\$\$\$
Diver's Name	Age Group*	M	F	1m	3m	plat	1m	3m	plat	See fee schedule	TOTAL
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
GRAND TOTAL											

DEADLINE FOR ENTRIES: **THURSDAY, FEBRUARY 17, 2022**

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 Victoria, British Columbia
 CANADA V8Z 5M1

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 e-mail: boardworksinfo@shaw.ca