



### TRAINING SCHEDULE

<b>Monday – May 23<sup>th</sup></b>	09:00 – 12:00 14:00 – 18:00	Open Training
<b>Tuesday – May 24<sup>th</sup></b>	09:00 – 12:00 14:00 – 18:00	Open Training
<b>Wednesday – May 25<sup>th</sup></b>	09:00 – 12:00 14:00 – 18:00	Open Training
<b>Thursday – May 26<sup>th</sup></b>	09:00 – 12:00 14:00 – 18:00	Open Training

\*Dryland is available one hour prior to posted pool times.

### COMPETITION SCHEDULE

<b>Friday – May 27<sup>th</sup></b>	8:30	Open Training
	9:10	Restricted Training
	Events start at 10:00	Women – 1m – Prelim
		Men – 3m – Prelim
		Women – 1m – Final
<b>Saturday – May 28<sup>th</sup></b>	8:30	Open Training
	9:10	Restricted Training
	Events start at 10:00	Men – 1m – Prelim
		Women – 10m – Prelim
		Men – 1m – Final
Women – 10m – Final		
<b>Sunday – May 29<sup>th</sup></b>	8:30	Open Training
	9:10	Restricted Training
	Events start at 10:00	Women – 3m – Prelim
		Men – 10m – Prelim
		Women – 3m – Final
		Men – 10m – Final

\*Schedule is subject to changes. A detailed schedule will be sent out once registration is received.

\*\*Dryland available one hour prior to posted pool times.